

recipe *Samurai Banana Sushi Roll*

ingredients

100% whole wheat flour tortilla, small

1 large banana

2 tablespoons peanut butter

directions

Have a pair of children work together to make this fun snack. Give each set a tortilla with the peanut butter and let them spread it using the back of a spoon. Place peeled banana at one end roll it up. Slice into 8 pieces.



Snack Crediting: 2 Servings for ages 1-2 and ages 3-5

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