The Annual Meeting was called to order at 8:03 AM by association President Blake Stanford who introduced the Board members that were present: Senta Hester, Vicki Lipscomb, Kati Wagner, Deb Ghia, Shirleen Piela, Robin Paul, and Paula Peirce. There were approximately 35 members present.

Blake’s report informed the members that membership is up and that we have doubled revenue in the last two years. We are facing leadership challenges with the Paperwork Reduction Workforce and the new rules that are due out this winter. It is important that the membership give us their feedback of the new rules within the 90 day listening period.

Strategies for success have included: Collaboration, Leadership & Governance (Creation of a Prospective Board Member Packet), Leveraging New Technology (New Website), Educational Opportunities, Development of a Management/Business Track at conferences, Communications (Monthly contact with members via E News --this used to be a quarterly publication mailed to members. It is now one page with links), Recognition of new members, Archived on our website, Political Advocacy Strategies (Board Advisors - Geri Henchy was introduced, Change is happening and people are listening to us on a state and national level), Strategic Partnerships (Meetings with CDC and HHS, CDC conducted a pilot training for providers in Denver CO at the Wildwood Provider Conference), Membership Needs (The Board needs to hear from Members As a volunteer Board, we have hired staff. Lisa Mack and Jessica Bosse were introduced. One more part-time staff member will be hired.)

The NCA conference in Memphis had 425 attendees, Austin had 525 attendees and Minnesota has 550 attendees. The National Professional Association will have their 2014 conference a couple of weeks prior to our conference and their conferences are held every other year. Our goal is to have a joint conference. The potential collaboration, expertise and talent that could be drawn together are tremendous. The FRAC Conference is March 2-4 in DC. Last year NCA had a record number of attendees at this conference.

Calendar Sales are up and next year’s theme will be Culinary Kids

Nutrition Education has created Whole Grain and Limiting Processed Foods flyers. The members were requested to send the Board recommendations that are practical and relevant.

TSA changed our name to National CACFP Sponsors Association. Our future conferences will be in 2014 in New Orleans at the Hyatt Regency, 2015 Las Vegas at the Flamingo, 2016 Orlando at the Hilton and 2017 San Diego at the Manchester Hyatt.

The Financial Report showed that we are in a good financial position. We are fiscally viable and solid with about $58,000 in cash and a couple of hundred thousand dollars in CD’s. A request for more detailed financials came from the floor. Financial reports (990’s) will be posted on the website for greater transparency.

Paula Peirce moved to adjourn the meeting. The motion was seconded by Senta Hester. The meeting was adjourned at 8:45 AM.
FY2013 Income

- Calendar: 39%
- Nutrition Education: 3%
- Membership: 11%
- Conference: 47%
FY2013 Expenses

- Calendar: 19%
- Conference: 28%
- Membership: 5%
- Payroll: 17%
- Operating Fees: 9%
- Website: 11%
- Board Expense: 11%
Membership

• FY2013  434

• FY2014  425 YTD
Limit Heavily Processed Foods as Part of a Healthy Diet

Why is it important to limit processed foods?

A diet high in processed foods is usually high in fat, sugar, and sodium and low in needed vitamins and nutrients. Poor diet has been linked with a number of serious health conditions, including:

- Coronary heart disease, stroke, and high blood pressure
- High total cholesterol or high levels of triglycerides
- Type 2 diabetes
- Cancers, such as endometrial, breast, and colon cancer

What is a processed food?

One definition of processed food is anything packaged in a box, can, or bag. A processed food can be as simple as a canned, frozen, or dried food or as complex as cooking and preserving an entire meal. Minimally processed foods—such as frozen vegetables and fruit canned in its own juice—can be very healthy. In this case, processing allows us to enjoy food at the peak of flavor, beyond the regular growing season. Minimally processed foods have few added ingredients.

What is a heavily processed food?

Heavily processed foods have added fat, salt, and/or sugar and are less healthy than fresh or minimally processed foods. Manufacturers know we are looking for convenient, tasty, and nutritious foods. They also know that:

- Fat, salt, and sugar can add flavor to packaged foods and can also mask the flavor of inexpensive or inferior ingredients.
- Labeling products with appealing slogans like "made with whole grain" or "20% lower in fat" can make them appear healthier than they really are.

Turn the page to take a closer look at the benefits of using fresh and fabulous foods!
Nutrition, Wellness & All That Jazz

28th Annual National CACFP Sponsors Association Conference

New Orleans, Louisiana • April 22-24, 2014
Meet the 2015 Culinary Kids

Nutrition Calendar & Record Keeping System on Sale Now

With kids cooking in the kitchen, monthly snacks and recipes, physical activities, nutrition notes, and record keeping all in one place, it’s no wonder almost 50,000 providers are using it across the country. We only print to order, and have them delivered by August 1 for end of year reviews, so be sure to get your order in before sales close on May 15, 2014.

Quick Links

1. 2013-2014 Reimbursement Rates
2. 2013-2014 Income Eligibility Rates
3. 2014-2015 Income Eligibility Rates

Program Information

If you are a family child care provider or center and would like to learn how you can participate in the Child and Adult Care Food Program, contact a CACFP sponsor in your state or your CACFP state office.

Hot Topics

USDA Releases New Guidance Concerning Income Eligibility Application Effective Dates

USDA has listened to sponsors and participants of the Paperwork Reduction Work Group and provided flexibility to the sponsor in determining the effective date of the approval.

Social Media

Facebook Updates

The National CACFP Sponsors Association

The National CACFP Sponsors Association shared Children & Nutrition Services Child & Adult Care Food Program's photo. Beautiful and organic – love it!
Partnerships & Policy