



Child Nutrition Saturday Summit

Save the Date!

Saturday, October 3, 2020

**Sessions also available on demand until October 31, 2020*

Looking for food program training?

Earn up to 7 hours of Continuing Education Credits

- ✓ Nutrition and the Brain
- ✓ CN Labels & Product Formulation Statements: Hands-on Practice
- ✓ Prep to Plate: CACFP Portion Sizes
- ✓ Cultivating Cultural Awareness through Food
- ✓ Garden to Early Childhood Education
- ✓ Creative Ways to Promote Learning and a Healthy Lifestyle
- ✓ Planning Menus and Recipes During COVID Shortages

Perfect for Child Care
Providers!

Virtual Tote Bag

Bonus Sessions

\$49 REGISTRATION

Saturday, October 3, 2020

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Nutrition and the Brain

Learn about the vital role of nutrition and brain development. Understand specific nutrients essential for brain development and approaches to ensure adequate intake. Examine how hunger impacts physical growth and academic performance as well as the importance of embedding evidenced-based nutrition education as a strategy to improve nutritional status.

Ashley Roth, MS, RDN, Partnership Engagement Manager and Registered Dietitian, Common Threads



CN Labels & Product Formulation Statements: Hands-on Practice

When should you request a CN Label or PFS? Is the crediting documentation for your product acceptable? Get clarity on common issues related to inaccurate or misleading product documentation. USDA will provide guidance on accepting documentation for meal pattern requirements and share sample Product Formulation Statements and CN Labels. Learn how to assess crediting documentation using sample CN Labels and Product Formulation Statements.

Kaushalya Heendeniya, MS, RD, Lead Program Analyst, and Debra Eisenbarth, MS, RD, Nutritionist, USDA Food and Nutrition Service



Prep to Plate: CACFP Portion Sizes

CACFP portioning can be confusing on paper, and in practice many more questions come up. See correct portion sizes illustrated and get answers to common real-world portioning and service questions. Get tips for the kitchen and find out what tools help compliance and reduce food waste.

Caitlin Boland, RD, LDN, Registered Dietitian, Novick Childcare Solutions



Cultivating Cultural Awareness through Food

Americans of diverse racial and ethnic backgrounds are disproportionately affected by many chronic diseases, highlighting the need for more inclusive dietary messaging. Explore cultural models of healthy eating from around the world, with practical tips, insight, and recipes for diverse populations, with a special focus on Gen Z, and a cooking demonstration.

**Sara Baer-Sinnott, MA, President, Oldways
Coleen Donnelly, Corporate Chef K-12/Higher Education, InHarvest**



Garden to Early Childhood Education

Learn how to implement a Garden to Early Childhood program. Hear about suggested best practices, fundamentals of teaching gardening to young children, planning year-round gardening activities, and incorporating a garden-to-table element for a healthy and fresh food program.

Aarie Wade, MSW, Child Development Center Director, Baxter Community Center



Creative Ways to Promote Learning and a Healthy Lifestyle

Children who learn to use dollar store-priced tools and have fun working around food are more likely to try new foods. Discover creative ways to engage with young children in and around the kitchen and garden using tools and easy STEM concepts. Learn how to encourage cooking, predicting, experimenting, tinkering, observing, exploring, problem-solving, and creativity.

Angela Russ-Ayon, Music & Movement Consultant and Trainer, Russ InVision Company



Planning Menus & Recipes During COVID Shortages

Menus require planning and forecasting as well as recipe and menu development. Create safe menus while facing pandemic shortages by seeing how popular foods can be versatile and support your program.

Malissa Marsden, SNS, Consultant, Child Nutrition Support Services



Certificates of attendance will be sent for each session on Tuesday, October 6th for participants who attend the live sessions.

Recordings will be available to registered attendees through all of October 2020 and certificates of attendance will be sent on Tuesday, November 3rd on demand participants.

Child Nutrition Saturday Summit

Live Sessions
Saturday, October 3, 2020

**Recordings also available on demand until October 31, 2020*

	Eastern	Central	Mountain	Pacific
Nutrition and the Brain	10:00 am - 11:00 am	9:00 am - 10:00 am	8:00 am - 9:00 am	7:00 am - 8:00 am
CN Labels & Product Formulation Statements: Hands-on Practice	11:15 am - 12:15 pm	10:15 am - 11:15 am	9:15 am - 10:15 am	8:15 am - 9:15 am
Prep to Plate: CACFP Portion Sizes	12:30 pm - 1:30 pm	11:30 am - 12:30 pm	10:30 am - 9:30 am	9:30 am - 10:30 am
Cultivating Cultural Awareness through Food	1:45 pm - 2:45 pm	12:45 pm - 1:45 pm	11:45 am - 12:45 pm	10:45 am - 11:45 am
Garden to Early Childhood Education	3:00 pm - 4:00 pm	2:00 pm - 3:00 pm	1:00 pm - 2:00 pm	12:00 pm - 1:00 pm
Creative Ways to Promote Learning and a Healthy Lifestyle	4:15 pm - 5:15 pm	3:15 pm - 4:15 pm	2:15 pm - 3:15 pm	1:15 pm - 2:15 pm
Planning Menus and Recipes During COVID Shortages	5:30 pm - 6:30 pm	4:30 pm - 5:30 pm	3:30 pm - 4:30 pm	2:30 pm - 3:30 pm

Saturday, October 3, 2020

Child Nutrition Saturday Summit

FAQS

Who should attend?

We've chosen topics especially for Child Care Providers!

However, anyone who works in the CACFP would benefit from attending.

How do I register?

Registration is open online at <https://www.cacfp.org/marketplace1/summit-registration/>

Mail-in registration forms can also be downloaded and sent in with check payment to the following address:

National CACFP Sponsors Association
PO Box 1748
Round Rock, TX 78680

When is the registration deadline?

Mail In Registration: Friday, September 25, 2020

Online Registration: Thursday, October 1, 2020

How much does it cost to attend?

Registration for the Saturday summit is \$49.00 per person.

Can I get a refund?

There are NO REFUNDS for cancellation.

Can I transfer my registration?

Registrations are non-transferable.

Will there be a Spanish translation?

No, there is no Spanish translation provided.

Will recordings be made available?

Yes! All sessions will be recorded and available until October 31, 2020 in case you miss the live scheduled time or would like to revisit the content at your convenience.

How do I join sessions?

To join sessions, internet access will be needed and Zoom software will need to be allowed to "run" from your device. Each session will begin at the assigned time based on Eastern Standard Time. A link to register to join each session will be provided, and then you can click the link to join in-person. Once in the session, you can submit questions through the Q&A function.

You must use the same email address you registered with to access the training sessions.

Can I share my session link?

Everyone who joins a session will be approved to enter the session once registration has been verified. You will not be able to share a session link with a second person.

What if I need support during the conference?

Contact Zoom support [HERE](#)

Contact NCA support at 512.850.8278

Can I get CEUs for attending?

Seven CEUs are available for the virtual summit and these apply to [NCA's certification program](#). You will receive a certificate of attendance for each session you log into and complete.

Will I receive a certificate if I view live or on demand?

Certificates will be sent for each session that you attend live on Tuesday October 6, 2020. Certificates for each session viewed on demand will be sent Tuesday November 3, 2020.

What happens after I register?

In late September, after your registration has been confirmed, you will receive an email with important information and links to access the sessions.

Will I have access to the recordings?

Links for on demand webinars will be sent out the week after the Saturday Summit. Sessions and will be available through October 31, 2020.

Can I access the presentation slides?

Yes, presentation slides/handouts are available to registered attendees in the attendee library. Access to this will be shared via email on October 6, 2020. Library access will end on October 31, 2020.

Will there be an in-person conference in April?

The 2021 National Child Nutrition Conference is being planned for April 20-22, 2021 to be held in Las Vegas, NV. NCA will continue to monitor the recommendations from the CDC and WHO for in-person events.