

recipe *Fruit Salsa with Abby Cadabby*

ingredients

1 cup strawberries, finely chopped

¾ cup raspberries, finely chopped

3 tbsp of lemon juice

1 Granny Smith apple, finely chopped

1 cup melon of your choice, finely chopped

Cinnamon & Nutmeg

directions

Combine fruit in a mixing bowl and add lemon juice.

Sprinkle nutmeg and cinnamon to taste.

Refrigerate before serving. Serve each child ½ cup

fruit salsa with 4 plain pita chips.



Snack Crediting: 7 Servings for ages 1-5
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