
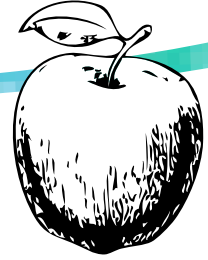


# Community Helpers

Good People  
Everywhere



# GROW



**Learn it** Most everyone has a favorite teacher from their childhood, and children love to hear stories about our favorite people. Using the provided silhouette, make a drawing of your favorite teacher. Use this to tell the children about the qualities that person possesses and what makes them special to you. This is also an appropriate time to talk about the variety of teachers. Teachers can be found at churches, craft stores, businesses where they are learning new skills and technologies, and universities. As humans we are constantly learning new skills, and ideas and teachers help us along the way.



**Make it** Using the silhouette provided, ask each child to create a vision of their favorite teacher. They can decorate with any craft supplies on hand: yarn, sequins, crayons, and markers. If the children are able, ask them to write down words that describe their favorite teacher. Assist children as needed and transcribe their description.



**Imagine it** Children love to play school and be the teacher, but let's take it one step further. Give the children the opportunity to be the teacher and teach you and the other children a skill, idea, or maybe a magic trick. Let the children and parents know that they have the opportunity and allow them time to prepare as some are nervous to talk in front of groups. It's time to "Teach the Teacher!"



**Eat it** Kids love to cook and we can teach them easy, healthy snack recipes to make. Place sweet, salty and new ingredients in separate large bowls. Give each child a measuring cup and their own individual bowl or cup. Teach the children how to use the measuring cup and how to choose a healthy mix. Let their taste buds and imaginations take over as they create their own snack!

Salty suggestions: pretzels, nuts, sunflower seeds, pumpkin seeds, whole grain cereal.

Sweet suggestions: raisins, shredded coconut, banana chips, dried fruit.

Something new suggestions: roasted chick peas, pepitas, sesame sticks, Goji berries

*Some ingredients may be choking hazards and/or allergy prone.*



**Read it** Follow Lilly's day as she learns that even your favorite teacher might tell you no in *Lilly's Purple Plastic Purse* by Kevin Henkes or learn about how Pete teaches a substitute teacher what being a teacher is all about in *Pete the Cat and the Surprise Teacher* by James Dean.



**Move it** Children love to learn new dances! The Mashed Potato, The Twist, and the Hand Jive are a few fun ones. After the kids have learned their new moves, play "Freeze Dance". Turn on the music and the kids will start dancing. When you say "freeze", turn off the music and the kids will freeze in their poses. Have the children take turns saying freeze.

# September



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**Teachers** help people learn.

**Practice your handwriting.** Trace each letter in the words below.

TEACHER

READ

MATH

APPLE



*CACFP is an indicator of quality child care.*

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**Draw** your favorite teacher.

