2015 Annual Meeting
The meeting was called to order on April 24, 2014 at 8:05am. Board members present: President Blake Stanford, Shirleen Piela, Vice President Sent a Hester, Gail Birch, Vicki Lipscomb, Robin Paul, Paula Peirce, Treasurer Kati Wagner, and Secretary Debra Ghia. Staff Present: Lisa Mack. Members present: Approximately 45 NCA members were present.

President Blake Stanford welcome all members and gave an overview of the association’s success and thanked the members for their continue support. Mr. Stanford asked the membership when the new regulations are finalized for public comment to be active with their comments. President Stanford also introduced the Regional Sponsor Representatives and explained to the membership their role and responsibility to the membership and the association.

Secretary’s Report: Board Secretary, Debra Ghia, read the minutes from the annual meeting held on September 17, 2013. Doris Vanek from Kansas motion to approve the minutes and Jean Bianchi-Sharkey from Boston second the motion. The minutes were approved by all present members.

Treasurer’s Report: Kati Wagner, Treasurer, presented a visual chart of the association’s financial status of both Revenue and Expenses. It was reported that the association is in good financial status with over $300,000 in savings.

Membership Report: Membership Chair, Robin Paul, reported that in Fiscal Year 2013 membership had increase to 434 members. It was also reported that for FY2014 membership was at 425 member organizations YTD.

- Alan Mills inquired the best information to distribute to recruit new members. He also acknowledges the positive response to the focus groups at this year conference as well as being a Regional state contact representative of this progress.
- Natalie Clark stated that NCA needs to develop more awareness by networking with Food banks, sponsoring At-Risk, Summer Feeding. Board member Vicki Lipscomb stated that the organization has expanded membership to centers. In addition Board Member Gail Birch spoke on the increase of Head Start members to the association.

Board member Robin Paul commented that membership has seen an increase with nutrition programs and added that another benefit to members were nutritional training pamphlets available to the members; such as Fresh, Fast and Fabulous. She asked the membership for feedback on what they see as valuable information. It was also mention by the association’s President that Fresh, Fast and Fabulous is still available for sponsors to order.

- Jean Bianchi Sharkey from Boston suggested ideas on Infant Development.
- Blake Stanford suggested more information on the increase of fruit and vegetables consumption in line with the new meal pattern. He also asked for feedback from all members on materials that have been available for order previously.
- Colleen Richards suggested information on serving more fruits instead of juice.
- Theresa Duncan suggested modules on eating more fruits and vegetables.

Calendar Report: Vice President Sent a Hester reported that the new calendars will be printed in color and a new parent provider connection newsletter tool which allows for providers to share recipes activities and nutritional information with their families. Ms. Hester gave recognition to the state agencies that purchase the calendars for their sponsorships. The states recognized were Pennsylvania, New Jersey, Utah, Arizona, Wisconsin and Arkansas. Over 40,000 calendars were sold last year. Executive Administrator Lisa Mack reported that Training Modules will come with the calendars as well.

Conference Report: President Blake Stanford reported Next year conference for 2015 will be held in Las Vegas, Nevada at the Flamingo Hotel. In addition it was reported that future conferences will be held as follows: 2016 Hilton in Orlando Florida, 2018 San Antonio, Hyatt Regency Riverwalk and 2019 Chicago Hyatt. Members were reminded to complete their evaluations of this year’s conference.

Marketing Report: Marketing chairperson, Shirleen Piela, reported that promotions were made to increase membership and program benefits. It was also reported that recipes and activities being shared on NCA Facebook Site.

Website Committee: Board Member Gail Birch reported that the new website has strength and improved the organization. It has been most useful with online training scripts for providers along with provider handouts and power point.

- Member Carol Cartmell from Seattle referenced articles and periodicals for the site.
- Board member Paula Pierce asked for feedback on the nutrition articles. It was requested to have more parent information on CACFP as well as the committee updates available on the website and more awareness for call to action on Re-Authorization.
- It was also mention that parents know that providers on CACFP open their doors to be monitored which is good for America’s children and parents that are focus on child nutrition.

Policy Committee: Chair Person Vicki Lipscomb introduced the CACFP consortium and paperwork committee members and reported on the importance that NCA has input on the federal level with such topics such as Paperwork reduction. She shared that she currently is a member of the Paperwork Reduction Task Force, which is working on writing a report to Congress.

President’s Report:

- President Blake Stanford reported that NCA is in partnership with Let’s Move which is managed through the CDC and HHS. Team meetings are held monthly. NCA has created flyers, piloting workshops and co-branding with Let’s Move.
- Mr. Stanford also reported that potential candidate nominations for the Board of Directors should review the board of director’s packet on NCA website.
- The meeting was open to the membership for comments: Member Jean Bianchi-Sharkey commented to board member Gail Birch on to tag the independent homes.
- It was mentioned from members that they love Facebook, recipes and suggested to add creditable information.
- Workshop requested for next year on Budgeting, Educational flyers.

Vice President Sent a Hester motion to adjourn the meeting and the motion was second by Jean Bianchi-Sharkey. The meeting adjourned on April 24, 2014 at 8:50am.

Respectfully Submitted, Debra Joan Ghia, NCA Board Secretary
NCA Board
Regional Sponsor Representatives
Maintain financial health.
# NCA 990 FY2014

**October 1, 2014 - September 30, 2014**

## Part XI: Reconciliation of Net Assets

Check if Schedule O contains a response or note to any line in this Part XI.

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<tr>
<td>1</td>
<td>Total revenue (must equal Part VIII, column (A), line 12)</td>
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<td>2</td>
<td>Total expenses (must equal Part IX, column (A), line 25)</td>
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<td>3</td>
<td>Revenue less expenses. Subtract line 2 from line 1</td>
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<td>4</td>
<td>Net assets or fund balances at beginning of year (must equal Part X, line 33, column (A))</td>
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<tr>
<td>5</td>
<td>Net unrealized gains (losses) on investments</td>
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<td>6</td>
<td>Donated services and use of facilities</td>
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<td>7</td>
<td>Investment expenses</td>
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<td>8</td>
<td>Prior period adjustments</td>
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<td>9</td>
<td>Other changes in net assets or fund balances (explain in Schedule O)</td>
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<tr>
<td>10</td>
<td>Net assets or fund balances at end of year. Combine lines 3 through 9 (must equal Part X, line 33, column (B))</td>
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<td>10 367,426</td>
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</table>
Salaries: 25%
Conference: 31%
Calendar: 23%
Bank Fees: 4%
Travel*: 11%
Other: 2%
Website: 1%
Office Expense: 1%
Scholarship: 1%
*NCA Board Meetings, FRAC, Roundtable, PHA, NPA
Provide an excellent educational experience through conferences and trainings.
We’re betting the talk of the town will be all about the new meal patterns!

April 21-23, 2015

Join the Child Nutrition Community in Las Vegas, Nevada for an incredible few days of USDA training, networking, workshops, and learning opportunities.*

*There’s even time in the evenings for shows, sightseeing, and shopping!

www.cacfp.org
2015 Conference Highlights

- 900+ Attendees
- 64 Hours of Workshops
- Six 4-Hour Training Sessions
- USDA State Agency Training
- 7 Featured Speakers
- 5 Scholarships
- LMCC Recognition Event
30th Annual
National CACFP Conference
April 21-23, 2016
Orlando, Florida

CACFP: Magical Moments
Celebrating 30 Years Together

Hilton Lake Buena Vista

Workshops, Networking, Policy,
Regional Roundtables, Regulations,
USDA Training, State Agency
Sessions, CACFP Partners.

For 30 years the Child Nutrition community has gathered together for training, networking, and sharing of best practices. Join us in Orlando, Florida as we explore more together, reflect on how far we’ve come, and the magical moments along the way.

www.cacfp.org
Develop quality educational materials for distribution to child care providers.
Let's Hit The Road! Get ready for a culinary adventure...

**APPROVED RECIPES** Delicious and nutritious CACFP-approved recipes with nutrient rich ingredients created to be kid friendly, tasty, and healthy. Look for the chef hat image for opportunities to get the kids involved in the kitchen.

**NUTRITION NOTES** Monthly nutrition advice and tips based on the Dietary Guidelines and the CACFP Meal Patterns to help develop and build a child’s healthy foundation.

**PARENT CONNECTION** Monthly newsletters for providers to send home with parents, connecting families to the activities and benefits of care in a CACFP home.

**FUN ACTIVITIES** Unleash the imaginations of the children in your care! Each month features a physical activity and table-craft that will keep your children fit, healthy, sharp, and creative.

**RECORD KEEPING** Resources include attendance and payment records, expense and income charts, utilities and home expenses tracking and a federal income worksheet. Providers can keep all their records in one place!

**TRAINING HOURS** Sponsors and state agencies who distribute the NCA Nutrition Calendar & Record Keeping System to their sponsors can also share the nutrition and business training modules created to accompany this calendar in workshops or at home visits. Providers take the quiz, get a certificate, and log education hours.

**Special Bonus Feature** You may ship to multiple destinations and ship these fabulous calendars directly to your monitors to deliver to providers during site visits.
Activity Newsletters

Valentine’s Day

Music of the Heart Movement on Valentine’s Day

Did you know that we participate in the USDA’s Child and Adult Care Food Program (CACFP)?

Whole Grain Strawberry Pancakes

1 cup whole wheat flour
1 teaspoon baking powder
1/2 teaspoon baking soda
1 egg
1/2 cup milk
1/2 cup mashed strawberries

President’s Day

Row, Row, Row Your Boat

Row, row, row your boat,
As fast as you can.
You never row so well,
When there’s a man
In your boat.

St. Patrick’s Day

Potato Soup

1 medium white onion, chopped
2 cups sliced carrots
2 cups sliced potatoes
2 cups vegetable broth
Salt and pepper to taste

CACFP is an indicator of quality child care.

www.cacfp.org
Promote the CACFP.
Sign the petition!

www.cacfpweek.org

National CACFP Week
CACFP & Me: A Recipe for Success

Operation Proclamation

How are you promoting National CACFP Week?

Share & Win $250.00

National CACFP Week
March 15-21, 2015

We want to know what you are doing to promote National CACFP Week!

Maybe you send hand-tinted letters to your state legislators? Or you’ve found a successful way to get the families in your community involved? Perhaps you reach out to the local news stations encouraging them to feature the program and its benefits? Whatever it is you’re doing, we want to hear about it. Not only that, but we want to recognize your efforts at raising awareness across the nation and award three lucky winners with $250!

There will be two winners of Operation Proclamation—one spanning the agency and one provider, but in reality, we will all be winners as we work together to highlight the Child and Adult Care Food Program in our local, state, and national communities.

Get ready to score with your advocacy efforts! Look online at www.cacfp.org for materials that can help you spread the word and win Operation Proclamation!

Entry deadline is March 30, 2015.

Now THEY'RE COOKING!

Follow the Kids' Lead...

CHILI BEANS

Raising Awareness Across the Nation
Inform members and seek their input on policy issues.
Proposed Changes to the Child and Adult Care Food Program Meal Patterns

\[
\text{INFANTS} \\
\begin{align*}
\text{Revise the infant age groups from three age groups to two age groups} \\
\text{Introduce solid foods to infants beginning at 6 months of age} \\
\text{Eliminate the service of fruit juice to infants of any age} \\
\text{Allow reimbursement for infant meals when the mother directly breastfeeds her child at the child care facility} \\
\text{Require a fruit or vegetable serving in the snack meal pattern for the 6 to 11 month infant age group} \\
\text{Allow additional grain options for infant snacks}
\end{align*}
\]

\[
\text{ONE YEAR AND OLDER} \\
\begin{align*}
\text{Separate the fruit and vegetable component for children and adults} \\
\text{Require that at least one grain serving per day, across all eating occasions, be whole grain or whole grain enriched} \\
\text{Require breakfast cereals to conform to WIC requirements} \\
\text{Prevent grain-based desserts from counting towards the grains component} \\
\text{Allow an optional meat or meat alternate to be served at breakfast in lieu of some grains} \\
\text{Allow tofu to be counted as a meat alternate} \\
\text{Allow yogurt to be used to meet the fluid milk requirement for adults only, no more than once per day} \\
\text{Disallow frying as an onsite preparation method for day care institutions and facilities} \\
\text{Add a fourth age group (13 through 18 years) to the meal pattern for children} \\
\text{Prohibit service or limit sugar content of flavored milk to no more than 22 grams per 8 fluid ounces} \\
\text{Limit sugar content for yogurt to 30 grams per 6 ounces}
\end{align*}
\]

1740 Survey Responses

- At-Risk Sponsor
- Summer Food Service Sponsor
- State Agency
- Resource & Referral
- Sponsor of Child Care Center
- Sponsor of Family Child Care Home
- Child Care Center
- Family Child Care Home
- Head Start
- Family Child Care Home

**SHARE YOUR COMMENTS TODAY!**

“These are the greatest changes to the meal pattern since 1989.”

LEARN MORE ABOUT THE PROPOSED RULE
www.cacfp.org

COMMENT ON THE PROPOSED RULE
www.regulations.gov

COMMENT Deadline
April 15
INFANT
• 79% LIKED Allow additional grain options for infant snacks
• 22% DISLIKED Require a fruit or vegetable serving in the snack

OVER AGE ONE
• 80% LIKED Allow an optional meat or meat alternate to be served at breakfast in lieu of some grains
• 31% DISLIKED Prevent grain-based desserts from counting towards the grains component

SEEKING COMMENTS
• 39% DISLIKED Prohibit flavored milk for children 2 through 4 years
• 37% DISLIKED Allow flavored milk to children 2 through 4 years
Deadline April 15, 2015

How do you tell USDA to keep CACFP simple and affordable?

Want to click, sign, and go in two minutes or less? Click on the Facebook link.

The comment box at the USDA website will load with the model comments developed by a consortium of CACFP organizations.

The CACFP consortium has released this model letter today for you to review, sign, and submit to USDA. The consortium has hammered out the details of implementation in order to provide a thoughtful response to USDA concerning the new proposed meal pattern. You may use this letter just as it is and upload to the USDA website, or you can review it and add your own ideas and concerns. Thank you for commenting on the new proposed rule! We need a strong and consistent message. A model letter for your child care providers will be out soon. NCA, the National CACFP Forum, and the CA Roundtable have collaborated on this letter.

Want to read more? Check out the model comment letters at www.cacfp.org
Ensure that members have timely access to information.
Passport to Adventure

2016 NCA Nutrition Calendar & Record Keeping System

Illustration pages with recipes, nutrition tips, physical activities and crafts.
Business record-keeping pages including attendance and payment, expenses and income
Training module with 2 hours certificate for continuing education
12 monthly parent provider connection newsletters for families

Order by May 14, 2015
Over 2,000 fans
Monthly enews

8,400 Subscribers
Building Community (sponsorlink)
• Alternative Approval Process Options
• Enrollment Forms
• CACFP-3705
• Paperwork Burdens