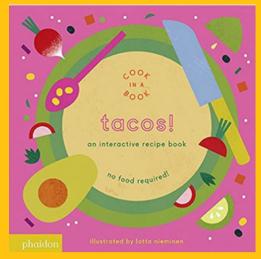
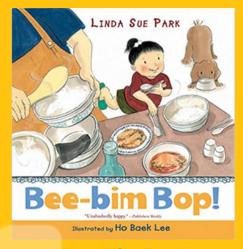


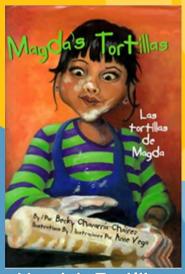
What's on Your Plate? Exploring the Food of the World By Whitney Stewart



Tacosl An Interactive Activity Book By Lotta Nieminen



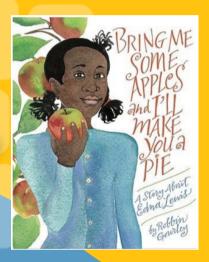
Bee-Bim Bop! By Linda Sue Park



Magda's Tortillas By Becky Chavarria-Chairez

COMMONTHREADS READING LIST

Inspiring Future Chefs!



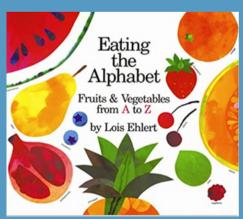
Bring Me Some Apples and I'll Make You a Pie By Robbin Gourley



Julia, Child By Kyo Maclear



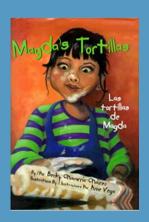
Cora Cooks Pancit By Dorina K Lazo Gilmore



Eating the Alphabet
By Lois Ehlert

Pre-K-2nd Grade





Magda's Tortillas By Becky Chavarria-Chairez.

After years of watching her Abuela make tortillas, Magda Madrigal feels confident that she, too, can make her own. Though she has studied the techniques of a master, there are still a few surprises for Magda and her family.



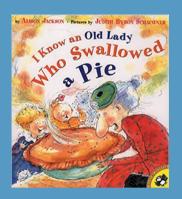
I Will Never Not Ever Eat a Tomato By Lauren Child.

Picky eater Lola is convinced by her sister Charlie to eat fruits and vegetables through imaginative, outlandish stories.



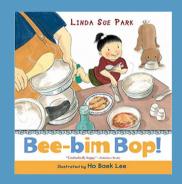
Germs are not for sharing By Elizabeth Verdick.

Achoo! What to do? Rather than focus on what germs are, this book teaches the basics of not spreading them. Childfriendly words and fullcolor illustrations help little ones stay clean and healthy.



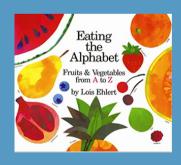
I Know an Old Lady Who Swallowed a Pie By Alison Jackson.

In this take-off of the song, "I Know an Old Lady Who Swallowed a Fly", a woman rudely eats everything at a Thanksgiving feast!



Bee-Bim Bop! By Linda Sue Park.

In bouncy rhyming text, a hungry child tells about helping her mother make a traditional Korean dish: shopping, preparing ingredients, setting the table, and finally sitting down with her family to enjoy a favorite meal.



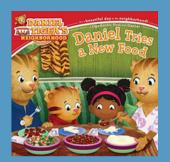
Eating the Alphabet By Lois Ehlert.

A colorful ABC book with a great presentation of a variety of foods both common and uncommon, that may entice kids to taste.



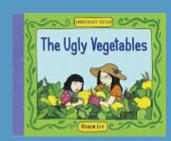
Pre-K-2nd Grade





Daniel Tries a New Food By Becky Friedman.

Daniel and Miss Elaina are nervous to try new food that Mom Tiger is making for them. With some help from Mom and Dad, they learns that they've got to try new foods because they might taste good! This delightful story is perfect for helping little ones understand that trying new food can be fun!



The Ugly Vegetables By Grace Lin.

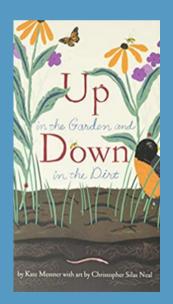
In this charming story about celebrating differences, a Chinese-American girl wishes for a garden of bright flowers instead of one full of bumpy, ugly, vegetables.

Nevertheless, mother assures her that "these are better than flowers."



Planting A Rainbow By Lois Ehlert.

Planting a Rainbow explains the gardening process from seed planting to full blossom.



Up in the Garden and Down in the Dirt By Kate Messner.

A great representation of what goes on during the gardening process. Learn about the life cycle of dirt and how it changes with the seasons.

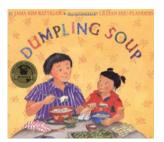


Julia, Child By Kyo Maclear.

Two young friends share their cooking adventures and love of childhood.

K-4th Grade

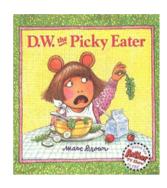




Dumpling Soup By Jama Kim Rattigan.

A young Hawaiian girl tries to make dumplings for her family's New Year celebration.

This story celebrates the joyful mix of food, customs and languages of many cultures.



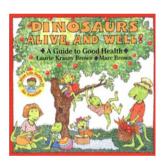
D.W. the Picky Eater By Marc Brown.

Arthur the Aardvark's sister, D.W., is a picky eater. The family leaves her at home when they go out to eat until D.W. decides she might be missing something good by being so picky.



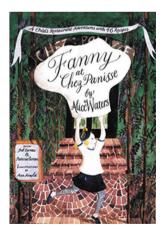
Tacos! An Interactive Recipe Cookbook By Lotta Nieminen.

Learn how to make tacos! Perfect for a real or play kitchen!



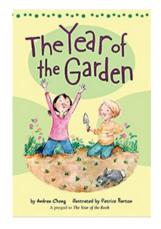
Dinosaurs Alive and Well; A Guide to Good Health By Laurie Krasny Brown and Marc Brown.

Colorful and bright dinosaurs provide kids with a blueprint to good health. Nutrition, exercise and fitness are some of the topics that are encountered.



Fanny at Chez Panisse: A Child's Restaurant Adventures With 46 Recipes By Alice L. Walters.

A daughter takes you through what its like to be a part of a restaurant growing up. Simple recipes are provided to make at home with limited ingredients.

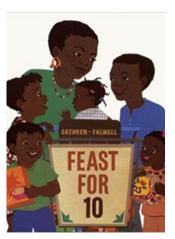


The Year of the Garden By Andrea Cheng.

This book shares the journey of a young girl who strives for a perfect garden. She runs into bumps and issues along the way, making her understand the importance of all parts of the garden, weeds and all!

K-4th Grade





Feast for 10 By Cathryn Falwell.

A counting book that features an African-American family shopping for food, preparing dinner, and sitting down to eat. Lively read-aloud text paired with bright collage illustrations.



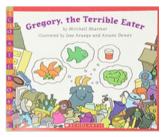
Pick, Pull, Snap! Where Once a Flower Bloom By Lola Shaefaer.

Follow along through this poetic account of a basic introduction to plant growth and bloom



The Magic School Bus Plants a Seed By Joanna Cole.

Mrs. Frizzle takes her class on the magic school bus to learn about the basic parts of the plant.



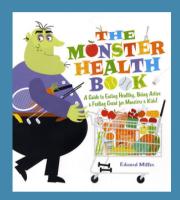
Gregory, the Terrible Eater By Michell Sharmat.

Gregory the goat likes eggs, vegetables, fruit and fish. But his parents want him to eat garbage!



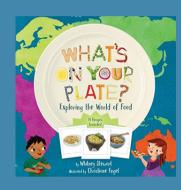


2nd-5th Grade



The Monster Health Book By Edward Miller.

With concise discussions of each of the food groups and the newly redesigned food pyramid, Ed Miller looks at all aspects of health and nutrition in this accessible and informative book.



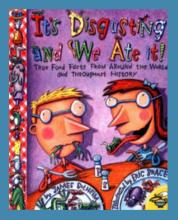
What's On Your Plate? Exploring the Food of the World By Whitney Stewart.

Go on a journey to learn about what different people eat throughout the world. 14 countries and their cuisines are highlighted with their different cuisines, cultures, and traditions.



Pizza (Cook in a Book) By Lotta Nieminen.

Learn how to make pizza in those most interactive way possible! Perfect for a real or play kitchen!



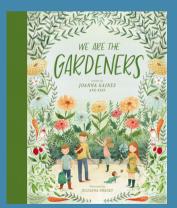
It's Disgusting and We Ate It! True Food Facts from Around the World By James Solheim.

A fun way to learn about foods from around the world even when they might not sound the most appetizing!



Flip, Float, Fly: Seeds on the Move By JoAnn Early Macken.

Learn about seed distribution and their journey from sky to ground



We are the Gardeners By Joanna Gaines.

A family chronicles the adventures of their times in the garden. They face obstacles of bunnies and weeds, but work together to make it grown and last!

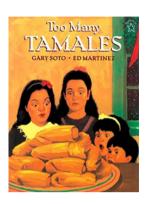


Karl, Get Out of the Garden By Anita Sanchez.

Learn about Carolus (Karl) Linnaeus and his love of the garden. Engage and find out about the scientific names of plants, cuisines, cultures, and traditions.

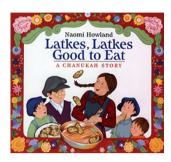


AROUND THE WORLD



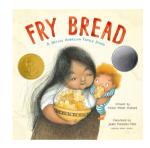
Too Many Tamales By Gary Soto.

This is the story of a treasure thought to be lost in a batch of tamales and the warm way a family pulls together to make it a perfect Christmas after all.



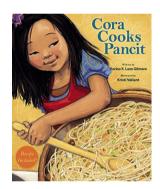
Latkes, Latkes Good to Eat: A Chanukah Story By Naomi Howland.

Sadie and her siblings'
Chanukah is transformed
when Sadie receives a frying
pan that cooks up sizzling
latkes on command. She tells
her brothers never to use the
magic pan, but the
mischievous boys can't resist.



Fry Bread: A Native American Family Story By Kevin Noble Maillard.

This book celebrates warm, delicious fry bread and the connections it makes. Fry bread is us. It is a celebration of old and new, traditional and modern, similarity and difference.



Cora Cooks Pancit By Dorina K Lazo Gilmore.

Cora loves being in the kitchen, but she always gets stuck doing the kid jobs like licking the spoon. One day, Cora finally gets the chance to be Mama's assistant chef and make pancit, her favorite noodle dish.



Rainbow Stew By Cathryn Falwell.

It's a rainy summer day, but the colorful vegetables in grandpa's garden are just waiting to be picked! So many delicious ingredients to slice, chop, peel and dice for a great big pot of mouth-watering Rainbow Stew.

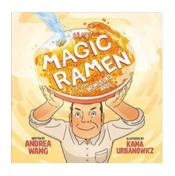


Bring Me Some Apples and I'll Make You a Pie By Robbin Gourley.

Long before the natural-food movement gained popularity, Edna Lewis championed purity of ingredients, regional cuisine, and farm-to-table eating. She was a chef when African American female chefs were few and far between. In this book, Robbin Gourley traces the roots of Edna's appreciation for the bounties of nature through the seasons.

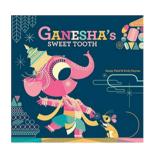


AROUND THE WORLD



Magic Ramen: The Story of Momofuku Ande By Andrea Wang.

Inspiration struck when Momofuku Ando spotted the long lines for ramen following WWII. Magic Ramen tells the true story behind the creation of one of the world's most popular foods.



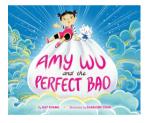
Ganesha's Sweet Tooth By Sanjay Patel.

The bold, bright colors of India leap off the page in this fresh and funny retelling of how Ganesha came to help write the epic poem of Hindu literature, the Mahabharata. With the help of the poet Vyasa, and his friend Mr. Mouse, Ganesha learns that what seems broken can be quite useful after all.



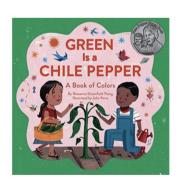
My Food, Your Food, Our Food By Andrea Wang.

We all like different food, but everybody needs to eat! How Are We Alike and Different? Find out in My Food, Your Food, Our Food.



Amy Wu and the Perfect Bao By Kat Zhang.

Meet the funny, fierce, and fearless Amy Wu, who is determined to make a perfect bao bun today. Can she rise to the occasion?



Green is a Chile Pepper: A Book of Colors By Roseanne Greenfield Tong.

This lively picture book presents a slice of Latino culture through food and fun and helps children discover a world of colors all around them.

