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SESAME STREET  **Communities**
Free Toolkit & Print Resources

About Us

Sesame Workshop is the nonprofit educational organization behind Sesame Street and so much more. Our mission is to help kids grow smarter, stronger, and kinder. We provide free tools and resources in categories like health and wellness, early learning, and social-emotional wellbeing. We're passionate about reaching children and the caring adults in their lives.

Our Partnerships

Working at the national, regional, and local levels, we foster relationships with community-based organizations and agencies, integrating our resources into their existing work to engage families and young children in a deep connection with these tools. Our projects are funded by support from corporations, foundations, government agencies, major donors, and individual giving.

Order Requests

It's easy! Follow [this link](#) to place an order.

If you have questions regarding the ordering process or the resources, feel free to email communities@sesame.org.

Thank you for your support and all that you do for children and families in your community!



Free Toolkits & Print Resources

Healthy Bodies, Healthy Minds

Family Forever: A Julia Storybook
 Circle of Friends: A Julia Storybook
 Amazing to Me: A Julia Storybook
 A Little Bit Different, A Little Bit the Same
 Julia & the Super-Sunny Celebration
 Julia and Rose, Best Friends Fur-Ever
 Happy, Healthy, Hopeful
 Healthy Teeth, Healthy Me
 Keeping Kids Healthy and Safe
 Summer Sips Storybook
 Visiting the Doctor
 Hooray for Healthy Teams!
 Rosita's Favorite
 Healthy and Strong All Day Long

Difficult Times & Tough Talks

Comfy-Cozy Nest
 Brave, Strong, Resilient Family Guide
 Two-Hug Day Storybook
 Little Children, Big Challenges: Divorce
 Little Children, Big Challenges: Incarceration
 In My Family Storybook
 Talk, Listen, Connect: When Families Grieve
 Let's Play/Let's Help
 H is for Helping Hands
 1, 2, 3, Count on Me!
 The Monster Dash
 Looking For Special
 Bounce Back
 Let's Get Ready: Emergency Preparedness
 Here for Each Other: Emergency Response
 Homelessness: We Got This! Storybook
 Karli & Me Activity Book
 Parental Addiction: Play, Talk, Imagine!

ABC's & 123's

Learning and Growing Together
 Talking is Teaching
 Monster Moments: Baby's First Year
 Monster Moments: Toddler's Second Year
 Monster Moments: Kids 3-5 Years

Sesame Street for Military Families

Military Families Caregiving Activity Book
 Military Families Caregiving Postcards
 Military Families Stickers
 Military Families Talk, Listen, Connect
 Military Families Talk, Listen, Connect: When Families Grieve



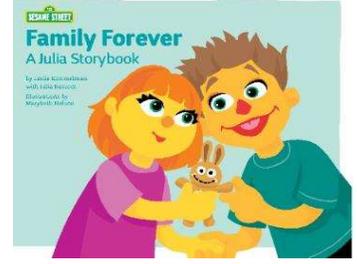
Explore Our Resources

Family Forever: A Julia Storybook (Bilingual)

A story celebrating the power of family...and friends! These storybooks are available in quantities of **50**.

providers parents/caregivers

[Link to digital resource](#)

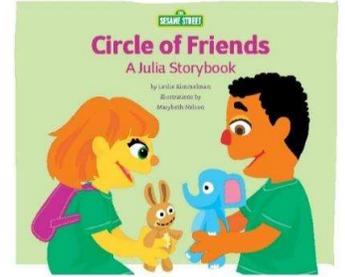


Circle of Friends: A Julia Storybook (Bilingual)

An autism-friendly storybook about how creating a circle of friendship is part of preventing bullying. These storybooks are available in quantities of **50**.

providers parents/caregivers

[Link to digital resource](#)

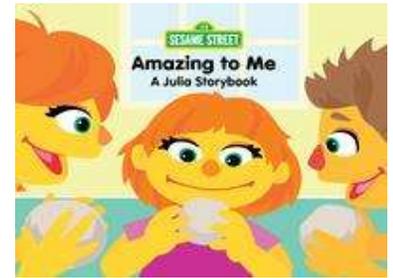


Amazing to Me: A Julia Storybook (Bilingual)

When Julia and her family do a special art activity together, Julia finds a way to add her own amazing touch! These storybooks are available in quantities of **50**.

providers parents/caregivers

[Link to digital resource](#)



A Little Bit Different, A Little Bit the Same Storybook (Bilingual)

This Julia storybook is all about adjusting to small changes. When Julia's mom is away for the weekend, Dad follows the schedule, but sometimes does things a little bit differently. These storybooks are available in quantities of **50**.

providers parents/caregivers

[Link to digital resource](#)



Julia & the Super-Sunny Celebration (Bilingual)

This Julia storybook is about working together and accepting and embracing differences. Help kids keep an open heart and open ears for others as they read along to this storybook. Available in quantities of **50**.

providers parents/caregivers

[Link to digital resource](#)



Julia and Rose, Best Friends Fur-Ever (Bilingual)

When Julia has an idea, she sees it through... with a little help from her family. This social storybook for autistic children models what's possible! These storybooks are available in quantities of 50.

providers parents/caregivers

[Link to digital resource](#)

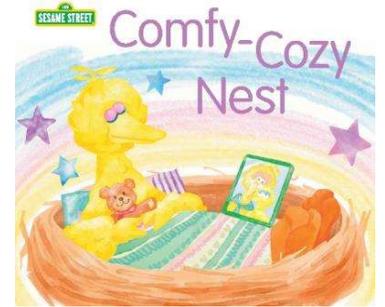


Comfy-Cozy Nest (Bilingual)

Traumatic experiences are a big deal... but Big Bird's got a big spirit, a big heart, and big dreams. That's why he's the perfect bird to teach kids (and grown-ups too!) how to imagine the important coping strategy of creating their own safe place inside. Available in quantities of 50.

providers parents/caregivers

[Link to digital resource](#)

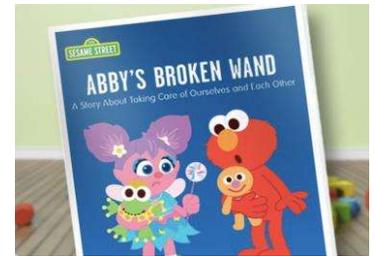


Abby's Broken Wand (Bilingual)

When big feelings happen, it's important for children and adults alike to focus on what we can do—what's within our control. Abby's Broken Wand storybook is meant to support them in moving through their big feelings. Available in quantities of 50.

providers parents/caregivers

[Link to digital resource](#)



Brave, Strong Resilient Family Guide (Bilingual)

Children face many challenges in life, and learning to cope with these obstacles is part of growing. This guide has been created for adults and kids to use together to develop during challenges in life. You will learn about feelings, build confidence, solve problems, lead with "I can do it," and identify the circle of care. Available in quantities of 25.

providers parents/caregivers

[Link to digital resource](#)



Divorce: Two-Hug Day Storybook (Bilingual)

Read this storybook to help your child come up with a simple routine on days they are going between homes. Available in quantities of 120.

providers parents/caregivers

[Link to digital resource](#)



Little Children, Big Challenges: Divorce (Bilingual)

A bilingual (English/Spanish) multimedia community engagement initiative to support young children, ages 3 to 8, and their caregivers dealing with divorce.

Available in quantities of **50**.

Not available digitally.

[Explore related resources.](#)

- providers
- parents/caregivers



Incarceration: In My Family Storybook (Bilingual)

This read-aloud story shows how a child may feel when a parent or loved one misses a special event due to incarceration. Available in quantities of **75**.

[Link to digital resource](#)

- providers
- parents/caregivers



Little Children, Big Challenges: Incarceration (Bilingual)

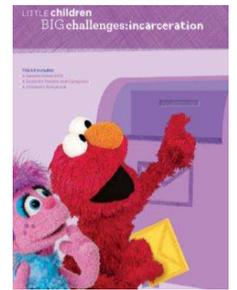
A bilingual (English/Spanish) multimedia community engagement initiative to support young children, ages 3 to 8, and their caregivers during the incarceration of a parent.

Available in quantities of **50**.

Not available digitally.

[Explore related resources.](#)

- providers
- parents/caregivers



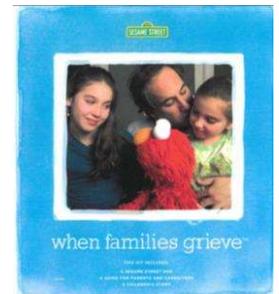
When Families Grieve (Bilingual)

This initiative provides resources in support of families with young children between the ages of 2 to 8 who are coping with the death of a parent.

Available in quantities of **50**.

[Link to digital storybook](#)

- providers
- parents/caregivers



Let's Play/Let's Help (Bilingual)

Let's Play/Let's Help was created to assist children experiencing traumatic crises. The Let's Help kit is a Volunteer Guide for grown-ups. The Let's Play kit is a children's activity book.

Let's Play: 25 toolkits

Let's Help: 5 toolkits

- providers
- parents/caregivers

[Link to digital resource \(Let's Play\)](#)

[Link to digital resource \(Let's Help\)](#)

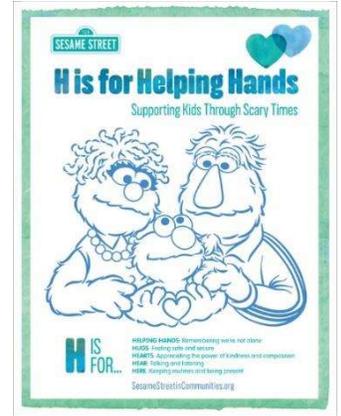


H is for Helping Hands (Bilingual)

Community violence is violence that happens around you, but not to you. Sadly, our world is full of scary, disturbing news about people harming others, such as school shootings and acts of terrorism. It’s hard to know how to explain such events to young children, or how much to share. This toolkit reminds families that they are the “helping hands” who can help children through difficult times. Available in quantities of **50**.

providers parents/caregivers

[Link to digital resource](#)



1, 2, 3, Count on Me (Bilingual)

Every child has the right to physical and emotional safety. For children who repeatedly witness violence in their communities, it helps to remember that there are trustworthy adults who are their allies. 1, 2, 3, Count on Me helps caring adults explain to children there are friends, family, and other trusted people who care about them, and they are never alone. Available in quantities of **50**.

providers parents/caregivers

[Link to digital resource](#)



Homelessness: We Got This! Storybook (Bilingual)

Losing one’s home brings enormous challenges, yet families can be incredibly strong and determined to create a better future. The “We Got This!” storybook provides several strategies that help create a sense of safety and security for children experiencing homelessness. The storybook is available in quantities of **50**.

providers parents/caregivers

[Link to digital resource](#)

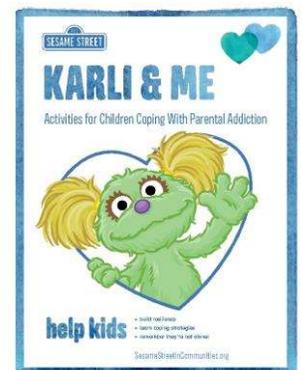


Karli & Me Activity Guide (Bilingual)

We all want children to be able to handle challenges big and small! Use this activity book to support you in building children’s resilience when faced with the unique issues presented by a parent’s addiction. Available in quantities of **50**.

providers parents/caregivers

[Link to digital resource](#)



Parental Addiction: Play, Talk, Imagine! (Bilingual)

When a parent returns from treatment, children face a new set of worries in addition to their ongoing worries—but there are ways to help them work through their fears and anxieties. “Play, Talk, Imagine” is our newest storybook featuring Karli! The storybook is available in quantities of **50**.

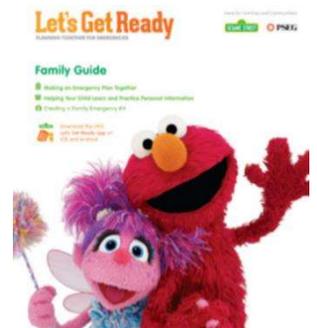
providers parents/caregivers [Link to digital resource](#)



Let's Get Ready: Emergency Preparedness (Bilingual)

Let's Get Ready: Planning Together for Emergencies is a bilingual (English/Spanish) multiple media resource designed to help entire families, especially those with young children, to plan and prepare together for emergencies. Available in quantities of **100**

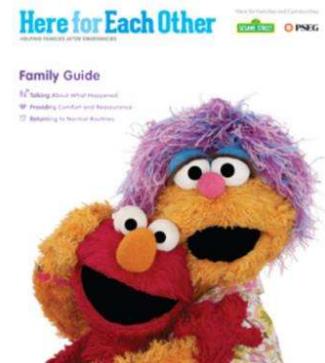
providers parents/caregivers [Link to digital Educator Guide](#)
[Link to digital Community Guide](#)



Here for Each Other: Emergency Response (Bilingual)

Here for Each Other is a bilingual resource (English/Spanish) that provides tips, ideas, and activities to help adults and children cope with disasters. Even in the most difficult of circumstances, families can find strength and resilience within their communities. Available in quantities of **100**

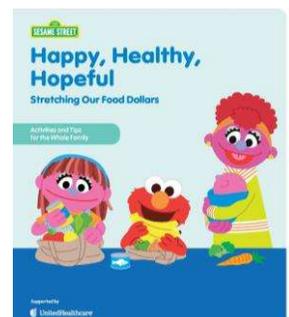
providers parents/caregivers [Link to digital resource](#)



Happy, Healthy, Hopeful (Bilingual)

Tips and ideas for parents on feeding the family on a budget, plus activities for kids. As you help children complete the pages, there's an opportunity to discuss any challenges you're facing in getting enough healthy food. Available in quantities of **100**

providers parents/caregivers [Link to digital resource](#)



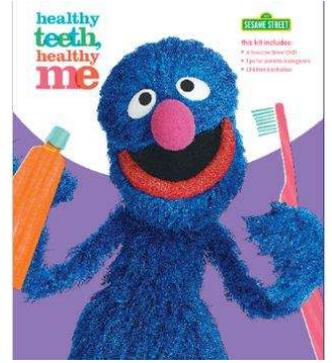
Healthy Teeth, Healthy Me (Bilingual)

Caring for young children's teeth is an important part of keeping their bodies healthy. Strong first or baby teeth set the stage for strong permanent teeth, and help children play, learn, and grow. These tips and tools were designed to help you and your child care for her teeth together. Available in quantities of **100**.

providers parents/caregivers

Not available digitally.

[Explore related resources.](#)



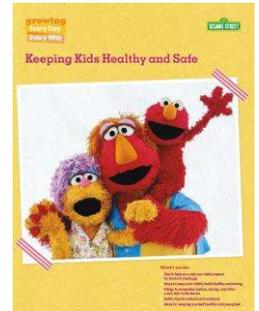
Keeping Kids Healthy and Safe (Bilingual)

Ideas for adults to help children prepare for doctor's checkups, ways to keep children's teeth healthy and strong, safety tips for indoors and outdoors, and ideas for keeping yourself healthy and energized.

Available in quantities of **100**

providers parents/caregivers

[Link to digital resource](#)



Learning and Growing Together (Bilingual)

Help children develop healthy habits for their minds and bodies. This kit includes brain builder activities, on-the-go cards, and tools to share important information. Available in quantities of **50**.

providers parents/caregivers

Not available digitally

[Explore related resources](#)

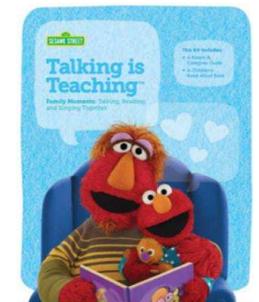


Talking is Teaching (Bilingual)

Make the most of everyday opportunities to talk, read, and sing with children, and promote literacy development while nurturing their overall growth— from day one. Available in quantities of **75**.

providers parents/caregivers

[Link to digital resource](#)

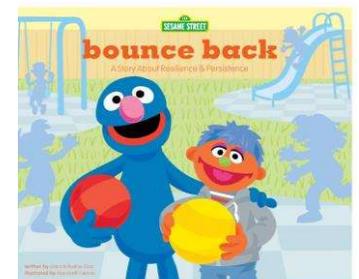


Bounce Back: Storybook (Bilingual)

A storybook featuring Alex about persistence and resilience in the face of new challenges. When Alex's father was incarcerated, Alex and his family faced big challenges, and he coped with big feelings such as fear and anger. Available in quantities of **100**

providers parents/caregivers

[Link to digital resource](#)



Looking for Special: Storybook (Bilingual)

A storybook featuring Lily about the importance of confidence as a key skill in building resilience. Lily and her family haven't always had all the food they needed, and for a while they didn't have a home of their own. Available in quantities of **100**

- providers
- parents/caregivers

[Link to digital resource](#)

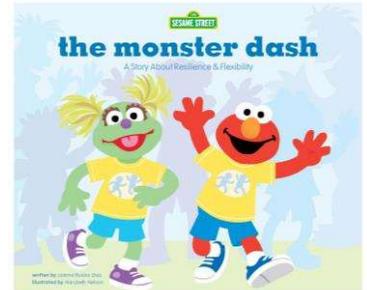


The Monster Dash: Storybook (Bilingual)

Everyday life is full of challenges, and Karli, a friend on Sesame Street, has faced plenty. This storybook is about practicing flexibility and maintaining a positive outlook as skills to build resilience. Available in quantities of **100**

- providers
- parents/caregivers

[Link to digital resource](#)



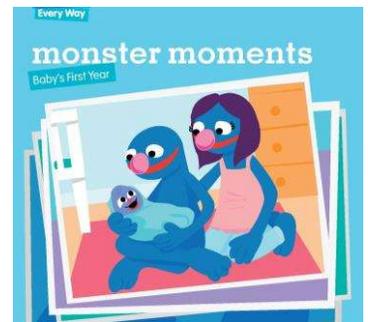
Monster Moments: Baby's First Year (Bilingual)

Grover and his little cousin Marty help kids and adults notice and celebrate developmental milestones. As you read together, you can celebrate the special moments in your child's development.

Available in quantities of **100**

- providers
- parents/caregivers

[Link to digital resource](#)



Monster Moments: Toddler's Second Year (Bilingual)

Grover and his little cousin Marty help kids and adults notice and celebrate developmental milestones. As you read together, you can celebrate the special moments in your child's development.

Available in quantities of **100**

- providers
- parents/caregivers

[Link to digital resource](#)



Monster Moments: Kids 3-5 Years (Bilingual)

Grover and his little cousin Marty help kids and adults notice and celebrate developmental milestones. As you read together, you can celebrate the special moments in your child's development.

Available in quantities of **100**

- providers
- parents/caregivers

[Link to digital resource](#)



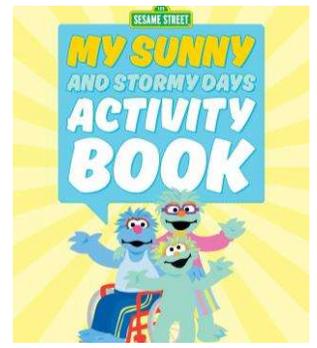
Military Families Caregiving Activity Book (Bilingual)

The Military Families Caregiving Activity Book can help families navigate the most recent changes in their lives. Activities in this book help families understand that caregiving involves the whole family, and that children play an important role. Available in quantities of **50**.

providers parents/caregivers

Not available digitally

[Explore related resources](#)



Military Families Caregiving Postcards

These Military Families Caregiving Postcards promote Sesame Street for Military Families Resources. Together we can help children and families navigate the challenges of daily life, build resilience, and find joy in their journeys. Available in quantities of **100**.

providers parents/caregivers

Not available digitally

[Explore related resources](#)



Military Families Stickers

Military Families Stickers help children and families label their belongings during a big move. They feature 6 stickers per sheet with different Sesame Street characters and space to write. Available in quantities of **250**.

providers parents/caregivers

Not available digitally

[Explore related resources](#)



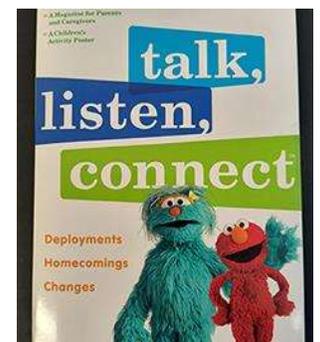
Military Families Talk, Listen, Connect

"Talk, Listen, Connect" is a bilingual educational outreach initiative designed to offer support to help military families and their children when service members are deployed. Available in quantities of **50**.

providers parents/caregivers

Not available digitally

[Explore related resources](#)



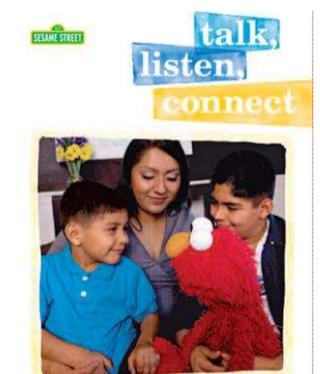
Military Families Talk, Listen, Connect: When Families Grieve (Bilingual)

"Talk, Listen, Connect: When Families Grieve" is designed to help families cope with complex emotions, honor the life of a loved one, and find strength in one another. Available in quantities of **50**.

11 providers parents/caregivers

Not available digitally

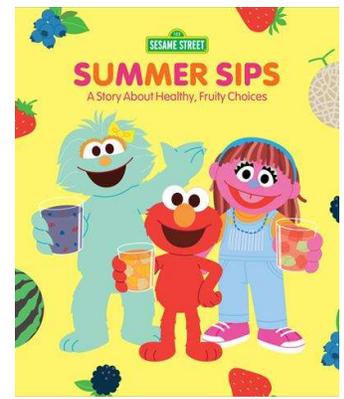
[Explore related resources](#)



Summer Sips Storybook (Bilingual)

Drinks such as soda and juice with added sugar are unhealthy for young children. The good news is, it can be fun and easy to get kids to drink more water. Share this story with children, then try one of the recipes for “fruity water” from the story or invite kids to invent their own. Available in quantities of **25**.

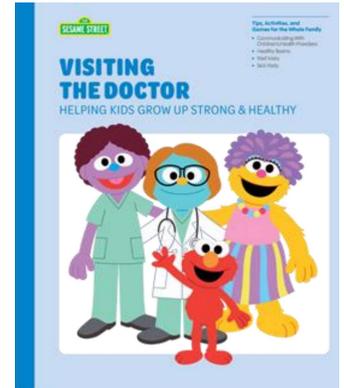
providers parents/caregivers [Link to Digital Resource](#)



Visiting the Doctor (Bilingual)

Print and use these pages (or just view on screen) before your child’s next sick or well visit! In this guide for both you and your child, you’ll find information to help you prepare for children’s sick and well visits. Available in quantities of **50**.

providers parents/caregivers [Link to Digital Resource](#)



Hooray for Healthy Teams! (Bilingual)

In this storybook, Wes and his dad Elijah talk about Wes’s healthy team — the important people who help keep his body and brain healthy, strong, and safe. As you read, encourage children to talk about their own healthy teams by using the prompts on each page. Available in quantities of **50**.

providers parents/caregivers [Link to Digital Resource](#)



Rosita's Favorite (Bilingual)

Check-ups are an important opportunity for caregivers, healthcare providers, and children to share information, build trust, and work together. As you read, discuss the parts of Rosita’s life that Rosita and Abuela talk about with Dr. Julius. Available in quantities of **50**.

providers parents/caregivers [Link to Digital Resource](#)



Healthy and Strong All Day Long (Bilingual)

From morning to night, all the little routines you do with children every day are opportunities to build healthy habits that can last a lifetime! Each page includes a prompt such as a question or activity suggestion — pause to do them as much as you like. Available in quantities of **100**.

12 providers parents/caregivers [Link to Digital Resource](#)

