







### October is National Farm to School Month.

a time to celebrate the connections happening all over the country between children and local food! Everyone can get involved with farm to school! Try a new local food with a taste test, plan a field trip to a farm, serve a local food item for lunch or as a snack, plant

from a garden, or read a farm or food-related book! How will you show your support for farm to school this October? Find more activity ideas,

seeds or harvest

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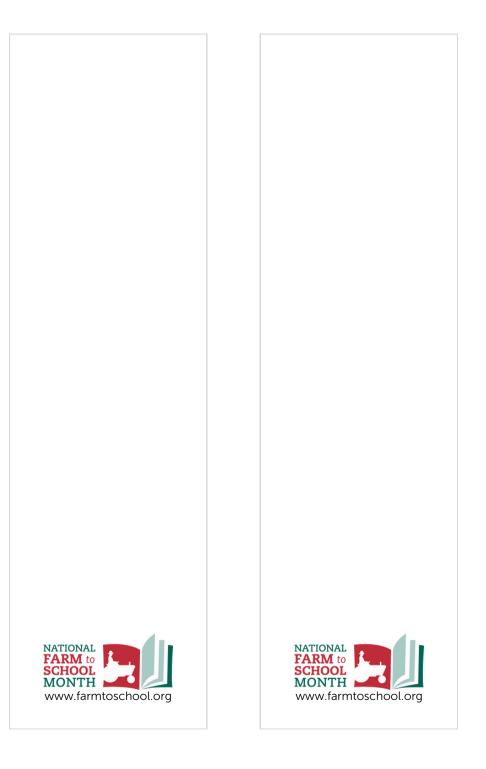
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