

38th National

CHILD NUTRITION CONFERENCE

April 22-26, 2024 | Orlando

NATIONAL
CACFP SPONSORS
ASSOCIATION



Register online at
cacfp.org/conference

Look Inside!

- ▶ Workshops
- ▶ Shop Talks
- ▶ Featured Speakers
- ▶ Preconference Academy
- ▶ Postconference Academy
- ▶ Sponsors & Exhibitors
- ▶ Networking Opportunities



CACFP · AFTERSCHOOL MEALS · SUMMER FOOD

Schedule of Events

Conference Headquarters



Rosen Shingle Creek

9939 Universal Blvd

Orlando, FL 32819

Room Rate: \$169.00 per night plus tax

Booking link will be shared via email once registration is confirmed.



Flying in?

Plan to arrive on Monday, April 22 and depart on Friday, April 26.

Calling All Runners & Walkers!



Thursday, April 25 | 6:00 am - 7:00 am

Sign up for the 5K Fun Run/Walk! We've got medals, too! Be sure to pre-register and pay the \$20 registration fee to receive a medal.

Check cacfp.org/conference for schedule updates.

Monday, April 22, 2024		Virtual Sessions
8:00 am - 8:00 pm	Registration & Info Desk Open	
2:00 pm - 5:00 pm	Preconference Academy *Pre-registration required	
2:00 pm - 5:00 pm	USDA State Agency Training *By invitation only	
3:00 pm - 3:30 pm	CACFP Certification Overview	CACFP Certification Overview
3:45 pm - 4:15 pm	Navigating the Conference Q&A	Navigating the Virtual Sessions Q&A
4:30 pm - 5:00 pm	Professional Networking Strategies & Tips	Zoom Regional Networking Meeting
5:00 pm - 6:00 pm	Regional Networking Reception	
Tuesday, April 23, 2024		Virtual Sessions
7:00 am - 6:00 pm	Registration & Info Desk Open	
7:15 am - 7:45 am	CACFP Creditable Tools & Resources	CACFP Creditable Tools & Resources
8:00 am - 9:00 am	SFSP Overview	SFSP Overview
8:00 am - 9:00 am	Group Meetups	
9:00 am - 12:00 pm	Preconference Academy *Pre-registration required	
9:00 am - 1:30 pm	Exhibit Hall Open	
9:15 am - 10:15 am	CACFP Overview	CACFP Overview
9:15 am - 10:15 am	State Agency Collaboration *By invitation only	
10:30 am - 11:30 am	Mid-Morning Coffee Break in Exhibit Hall	
1:15 pm - 2:15 pm	National Conference General Session	National Conference General Session
2:30 pm - 3:30 pm	Featured Speakers	USDA CACFP Policy Update
4:00 pm - 5:00 pm	Workshops Session One	Hybrid Workshop One
4:00 pm - 6:00 pm	Exhibit Hall Open	
5:00 pm - 6:00 pm	Welcome Reception in Exhibit Hall	
Wednesday, April 24, 2024		Virtual Sessions
7:00 am - 5:30 pm	Registration & Info Desk Open	
7:00 am - 8:00 am	Breakfast, Coffee & Conversation	
7:15 am - 7:45 am	Shop Talks	
8:00 am - 9:00 am	Workshops Session Two	Hybrid Workshop Two
9:15 am - 10:15 am	Workshops Session Three	Hybrid Workshop Three
10:30 am - 11:00 am	NCA Annual Meeting *By invitation only	NCA Annual Meeting *By invitation only
9:30 am - 1:00 pm	Exhibit Hall Open	
12:00 pm - 12:30 pm	Pizza Party Lunch in Exhibit Hall	
1:15 pm - 2:15 pm	Workshops Session Four	Hybrid Workshop Four
2:30 pm - 3:30 pm	Workshops Session Five	Hybrid Workshop Five
3:45 pm - 4:45 pm	Workshops Session Six	Hybrid Workshop Six
5:00 pm - 5:30 pm	Shop Talks	
5:00 pm - 5:30 pm	CACFP Professionals Celebration *By invitation only	
Thursday, April 25, 2024		Virtual Sessions
6:00 am - 7:00 am	5K Fun Run/Walk *Pre-registration required	
7:00 am - 5:30 pm	Registration & Info Desk Open	
7:00 am - 8:00 am	Breakfast, Coffee & Conversation	
7:15 am - 7:45 am	Shop Talks	
8:00 am - 9:00 am	Workshops Session Seven	Hybrid Workshop Seven
9:15 am - 10:15 am	Workshops Session Eight	Hybrid Workshop Eight
10:30 am - 11:30 am	Workshops Session Nine	Hybrid Workshop Nine
11:30 am - 1:00 pm	Buffet Lunch	
1:15 pm - 2:15 pm	Workshops Session Ten	Hybrid Workshop Ten
2:30 pm - 3:30 pm	Workshops Session Eleven	Hybrid Workshop Eleven
3:45 pm - 4:45 pm	Featured Speakers	USDA SFSP Policy Update
5:00 pm - 5:30 pm	Shop Talks	
Friday, April 26, 2024		
8:00 am - 9:00 am	Rising Leaders Coffee Hour	
8:00 am - 10:00 am	Postconference Academy *Pre-registration required	
8:30 am - 11:00 am	Learning Excursion *Pre-registration required	
9:15 am - 10:15 am	CACFP Meal Pattern Exceptions	
9:30 am - 12:00 pm	Learning Excursion *Pre-registration required	
10:30 am - 11:30 am	More About CACFP: Ask Us Anything!	
10:30 am - 12:30 pm	Postconference Academy *Pre-registration required	
11:00 am - 1:30 pm	Learning Excursion *Pre-registration required	
11:45 am - 12:30 pm	CACFP Professional Certification Q&A	



Registration Rates & Deadlines

Conference Registration

Registration Period	Members	Non-Members
Advance (Until Nov. 30)	\$359	\$459
Early (Dec. 1 - Jan. 31)	\$439	\$539
Standard (Feb. 1 - Feb. 29)	\$529	\$629
Late (March 1 - March 28)	\$599	\$699
Onsite (March 29 - April 26)	\$699	\$799

CACFP Champion



SFSP Champion



Lanyard Sponsor



Registration Sponsor



Self-Kare Lounge Sponsor



Afterschool Meals Track & Summer Food Track Sponsor



Pre/Postconference Academies & Learning Excursions

Registration Period	Preconference	Postconference	Learning Excursion
Advance (Until Nov. 30)	\$79	\$39	\$35
Early (Dec. 1 - Jan. 31)	\$79	\$39	\$35
Standard (Feb. 1 - Feb. 29)	\$79	\$39	\$35
Late (March 1 - March 28)	\$99	\$69	\$55
Onsite (March 29 - April 26)	\$149	\$129	\$75

There are **NO REFUNDS** for cancellation. However, agencies may transfer like registrations to another individual within their organization.

 *Register online*
cacfp.org/conference

 *Join the child nutrition community for...*



Days of Education



150 Hours of Workshops

13

Education Tracks



Over 200 Presenters



36+ CEUs



VIRTUAL
Option Available

Unable to join us this year in Orlando? No problem! We're offering a virtual option for the National Child Nutrition Conference that will give you four days of virtual training and networking from April 22-25, 2024. Attend the sessions live through Zoom, or watch them on-demand through May 15, 2024.

If you'll be joining us in Orlando, your registration fee also includes all virtual sessions, which you can attend onsite or watch on demand through May 15, 2024.



Food & Beverage

Regional Networking Reception

Monday, April 22

5:00 pm - 6:00 pm

Mid-Morning Coffee Break

Tuesday, April 23

10:30 am - 11:30 am

Welcome Reception

Tuesday, April 23

5:00 pm - 6:00 pm

Breakfast, Coffee & Conversation

Wednesday, April 24

7:00 am - 8:00 am

Thursday, April 25

7:00 am - 8:00 am

Lunches

Wednesday, April 24 (Pizza Party)

12:00 pm - 12:30 pm

Thursday, April 25 (Buffet)

11:30 am - 1:00 pm

Rising Leaders Coffee Hour

Friday, April 26

8:00 am - 9:00 am



Meals and coffee breaks are a great time to mix and mingle! For more networking opportunities, check out page 9.

General Session

What you do matters! When we all come together in one room with one focus, you can be sure you'll leave knowing that your role is as important as any other in ensuring that all children will have access to healthy foods.



Mr. Harris Rosen, founder of Rosen Hotels & Resorts, visiting the children at Rosen Preschool.

Discover new resources and products...



Exhibit Hall Hours

Tuesday, April 23

9:00 am - 1:30 pm

4:00 pm - 6:00 pm

Wednesday, April 24

9:30 am - 1:00 pm



Scholarships Available!

We are thrilled to offer scholarships for the 2024 National Child Nutrition Conference, both onsite in Orlando and virtually.

A scholarship includes conference registration fees, four (4) nights lodging, and up to \$450.00 towards transportation costs at a value of over \$1,600 per scholarship.

Applications are due by January 16, 2024 and recipients will be announced in early February.



Visit cacfp.org/scholarships to submit your application.

Apply online if you work at a:

- ▶ Sponsoring Organization
- ▶ Family Home Provider
- ▶ Child Care Center
- ▶ Adult Day Care Center
- ▶ Head Start
- ▶ School District
- ▶ At-Risk Afterschool Site
- ▶ Emergency Shelter
- ▶ Summer Food Site
- ▶ Food Bank
- ▶ Tribal Nation



Hear from the USDA

The team at the USDA Food and Nutrition Service makes it a priority to connect with the CACFP, SFSP and Afterschool Meals communities at our conference. Hear from **Cindy Long** and **Dr. Caree J. Cotwright** during the General Session, and get program guidance directly from USDA staff during our workshops.

USDA Sessions

- ▶ CACFP Administrative Budgets
- ▶ Choosing Commodity Foods or Cash-in-Lieu
- ▶ Civil Rights 101: Compliance with Civil Rights Requirements
- ▶ Civil Rights 101: Meal Modification Requirements
- ▶ Crediting Basics and Beyond in the CACFP
- ▶ Developing a CACFP Budget
- ▶ Empowering Operators: USDA Team Nutrition Resources
- ▶ Non-Congregate Summer Meal Service
- ▶ Ounce Equivalents Made Easy with the Exhibit A Grains Tool
- ▶ Oversight and Monitoring of the CACFP
- ▶ Revisions to Meal Patterns
- ▶ Serving Traditional Indigenous Foods
- ▶ Summer Supplement: Understanding How EBT Expands Access
- ▶ USDA CACFP Policy Update
- ▶ USDA SFSP Policy Update
- ▶ USDA Town Hall



Cindy Long, Administrator for the USDA Food and Nutrition Service



Dr. Caree J. Cotright, Director of Nutrition Security and Health Equity



Workshops



Workshops do not require pre-registration, and you are welcome to attend any workshop you desire.

This is also not a definitive list of workshops! New sessions will be added regularly, so be sure to check the website for the most up-to-date information.



Visit cacfp.org/conference/2024-workshops for descriptions, learning goals, speakers and CEU specialties.

Nutrition Education

- ▶ A Fresh Perspective: Embracing New Foods
- ▶ Addressing Feeding Concerns & Nutrition Therapy
- ▶ Childhood Obesity Prevention & Early Nutrition Education
- ▶ Cultural Responsiveness: Exploring Religion, Heritage, and Halal
- ▶ Decoding Food Labels
- ▶ Discovering STEM in the Kitchen
- ▶ Explore New Foods with a Taste Testing Adventure
- ▶ Learning to Love Veggie-Inspired Snacks and Meals
- ▶ Making Healthy Eating Fun
- ▶ Managing Food Allergies in the CACFP
- ▶ Motivating Children to Eat Healthy Foods
- ▶ Navigating Special Diets
- ▶ Promoting Responsive Feeding Practices in Early Childhood Settings

CACFP Classics

- ▶ CACFP Administrative Budgets
- ▶ Civil Rights 101: Compliance with Civil Rights Requirements
- ▶ Civil Rights 101: Meal Modification Requirements
- ▶ Completing Claims Like Clockwork
- ▶ Identifying Whole Grain-Rich
- ▶ Investigating Fraud, Waste & Abuse in Federally Funded Programs

CACFP Meal Patterns

- ▶ Beginners' Guide to Crediting Recipes
- ▶ Beyond Beginners: Next Level Menu Planning
- ▶ Crediting Basics and Beyond in the CACFP
- ▶ Limiting Added Sugars in the CACFP
- ▶ Ounce Equivalents Made Easy with the Exhibit A Grains Tool
- ▶ Plant-Powered Palates: CACFP Recipes & Menus
- ▶ Quizapalooza: Are you a Meal Pattern Super Star?

Head Start

- ▶ CACFP and Head Start Food Service Regulations
- ▶ Combating Resistance: Uniting Education Staff and Nutrition Teams
- ▶ Conducting Monitoring in the CACFP for Head Start
- ▶ Connecting Nutrition with Family Engagement
- ▶ Emergency Preparedness in Head Start
- ▶ Fueling Minds and Bodies with Family Style Dining

Farm to ECE

- ▶ Enriching Learning Outdoors with Farm to ECE
- ▶ Exploring One Vegetable, One Community
- ▶ Farm to ECE: Digging Deeper into Cooking and Nutrition
- ▶ Growing CACFP Beyond the Kitchen
- ▶ Grown for Kids: Farm to Preschool Collaboration

Afterschool Meals

- ▶ Afterschool Meals: Feeding Children for a Healthier Future
- ▶ Catering to Rural and Urban Sites
- ▶ Food Security Beyond Program Walls
- ▶ Leveraging State and Federal Funds to Support Participation
- ▶ Out-of-School Time Meal Program Sponsors' Stories

Summer Food

- ▶ A Collaborative Approach to Summer Meals
- ▶ Embracing Diversity in Your Summer Meal Program
- ▶ Engaging Your Community in Your Meal Program
- ▶ Food Banks & SFSP: Vendors, Caterers, and Hot Meals
- ▶ Non-Congregate Summer Meal Service
- ▶ Non-Congregate Summer Meals: A Deep Dive into Possibilities
- ▶ Rural, Non-Congregate Meals: Summer 2023 Lessons Learned
- ▶ Serving Up Fun at Summer Meal Sites
- ▶ Summer Supplement: Understanding How EBT Expands Access
- ▶ Underdogs Unite: Collaboration for Deeper Impact on Child Hunger
- ▶ Year-Round Celebration: Summer Meals Training and Planning



Management & Professional Development

- ▶ Effective Training Methods for Onboarding
- ▶ Inclusive Communication
- ▶ People, Problems, and Pups
- ▶ Promoting Well-Being: Managing Workload & Boundaries
- ▶ Resilience: The Key to Overcoming Challenges
- ▶ Taking a Bilateral Approach to Self-Care

Financial Management

- ▶ Best Practices for Developing a Financial Management Process
- ▶ Choosing Commodity Foods or Cash-in-Lieu
- ▶ Developing a CACFP Budget
- ▶ Financial Management for Center Sponsors
- ▶ Preparing for CACFP or SFSP Audits
- ▶ Sponsoring Summer Food: Keys to Financial Management

Commercial Sessions

- ▶ CACFP Training Program & Nutrition Calendar
- ▶ Embracing Technology to Maintain USDA Compliance
- ▶ Menu Planning Made Easy: Health-e Pro Software Demo
- ▶ Using Go NAPSACC to Support State and Program Level CACFP Efforts

Program Admin & Operations

- ▶ Administrative Review Preparedness for Sponsors
- ▶ Agile Food Delivery: Meeting the Needs of Low Food-Volume Operations
- ▶ CACFP in Emergency Shelters
- ▶ Oversight and Monitoring of the CACFP
- ▶ Serving Traditional Indigenous Foods
- ▶ Successful State Agency Compliance Reviews
- ▶ The Kitchen Sink: Food Preparation, Safety, and Efficiency

Policy & Advocacy

- ▶ Civil Rights Compliance and Special Diets in the CACFP
- ▶ Grassroots Advocacy 101
- ▶ Home Eligibility: Licensed or Approved in the CACFP
- ▶ How Climate Change Impacts Food Insecurity
- ▶ Promoting Participation: Advancing CACFP in Your State

Research & Resources

- ▶ Bridging the Gap: Addressing Food Insecurity in Rural Communities
- ▶ Charting CACFP Success Strategies by Mapping Child Care Providers
- ▶ Creating Natural Outdoor Learning Environments
- ▶ Empowering Operators: USDA Team Nutrition Resources
- ▶ Evaluating the Effectiveness of the Family Child Care Food Safety Kit
- ▶ Feed the Soil: Let's Compost!
- ▶ Healthy Minds & Bodies: Sesame Resources to Promote Emotional Well-Being
- ▶ Mindfulness and SEL Practices for Educators and Children
- ▶ Partnering with Cooperative Extension to Improve Eating Patterns
- ▶ Plant-Forward Menus: A Guide to Successful Integration

The conference was excellent from start to finish! San Diego was my first time attending; it was very well organized and the presenters were great. I gained lots of useful information and learned a ton from colleagues from other states.

But wait, there's more!

If you want to make the most of your conference experience, we've got you covered! Pop in for a 30-minute shop talk, or add on extra training sessions and excursions to your registration. Check out our website to see what we have to offer.

Preconference Academy

Three-hour deep dives in a classroom setting. Pre-registration is required.

- ▶ CACFP 101: Homes and Centers
- ▶ CACFP Meal Pattern Training
- ▶ Head Start Success: Meeting the Performance Standards
- ▶ Menu Planning for the CACFP
- ▶ Show Me the Money: Getting Through the Budget Approvals Process
- ▶ Summer Food: Planning, Participation, Policy & Partnering for Success

cacfp.org/conference/2024-preconference

Postconference Academy

Two-hour sessions in a classroom setting. Pre-registration is required.

- ▶ Annual CACFP Training FY24
- ▶ CORE Training: Management Plans
- ▶ Grant Writing 101
- ▶ Leading and Managing Multigenerational Teams
- ▶ Level Up Your Training: Physical Activity in ECE and CACFP Settings
- ▶ Medical Statements, Milk Substitutions and Special Diets

cacfp.org/conference/2024-postconference

Shop Talks

Small group conversations to share stories, learn from each other and connect with professionals who are facing the same challenges and opportunities that you encounter.

- ▶ Benefits of the Commodity Program in Head Start
- ▶ CACFP RD Meetup
- ▶ Designing and Delivering Food Safety Resources
- ▶ Menu Adventures: Engaging Staff and Parents
- ▶ Mobile Sites: Reaching More Children Next Summer
- ▶ Respecting Family Day Care Home Providers
- ▶ Serving Celiac Gluten-free Special Diets

cacfp.org/conference/2024-shoptalk



Learning Excursions

Discover firsthand how the Rosen Preschool and the Community Partnership School at Orange County Public Schools Academic Center for Excellence gives students access to healthy nutrition, summer programs, before and after school services, mentors, counseling, and on-site health care—all where students and their families are comfortable: in their own school.

Tour the school campus, the Orange Blossom Family Health Pediatrician, and the Boys & Girls Club of Central Florida. Hear about core partnerships with the Rosen Foundation, University of Central Florida, and Valencia College that help make it all possible.

cacfp.org/conference/2024-learning-excursions




Discover the Power of Networking!

There will be plenty of opportunities to meet new peers at this year's conference! Many of our attendees leave the conference having expanded their professional network by at least one meaningful connection. So, we encourage you to get out there and find your people!

Don't forget about **hallway conversations**! If you've got some spare time in between sessions, strike up a conversation with someone that you have seen around the conference. You'll probably find that you have tons in common, especially with those who are attending the same sessions as you!



There's a Networking Opportunity Every Day of the Week!

 Visit cacfp.org/conference/networking to learn more about each of the events we have planned for you.

► Monday, April 22

Professional Networking Strategies and Tips

4:30 pm - 5:00 pm

Regional Networking Reception

5:00 pm - 6:00 pm

► Tuesday, April 23

Group Meetups

8:00 am - 9:00 am

Back by popular demand!

Welcome Reception

5:00 pm - 6:00 pm

► Wednesday, April 24

Breakfast, Coffee & Conversation

7:00 am - 8:00 am

CACFP Professionals' Celebration (By Invitation Only)

5:00 pm - 5:30 pm

► Thursday, April 25

Breakfast, Coffee & Conversation

7:00 am - 8:00 am

► Friday, April 26

Rising Leaders Coffee Hour

8:00 am - 9:00 am

This means you!



Group Meetups

- Centers - Adult Care
- Centers - Afterschool
- CACFP Sponsor ED/CEO
- CACFP Sponsor of Afterschool Meals
- CACFP Sponsor of Centers
- CACFP Sponsor of Family Child Care Homes
- Claims Administrators
- Cooks
- Child Care Centers Directors
- Family Home Providers
- Field Monitors
- Food Banks
- Head Start Managers
- Schools - Afterschool
- Schools - Summer Food
- State Agency ARAS
- State Agency CACFP
- State Agency Directors
- State Agency Nutritionists
- State Agency SFSP
- Emergency Shelters
- Nutritionists
- Summer Food
- Tribal Nation



See you in Orlando!



REGISTER
early
& SAVE!

38th National

CHILD NUTRITION CONFERENCE

CACFP · AFTERSCHOOL MEALS · SUMMER FOOD

NATIONAL
CACFP 
ASSOCIATION SPONSORS

Start planning your trip now at cacfp.org/conference