

How to Stir Up Goodness

National CACFP Week Resources Guide

This guide includes resources and usage tips to help you participate in National CACFP Week with confidence. Designed for programs of all sizes and capacities, these materials work whether you're brand new or a longtime champion.

Celebrating CACFP Week March 15-21, 2026

Public Resources

CACFP Week Sample Menu

(Requires CACFP Week registration)

Use as inspiration for your menu planning, adapt directly for your program, or use as a teaching tool to show staff and families how participants can be involved in meal prep

Activity Pages

Print and use daily throughout the week as mealtime activities or send home with families to encourage participation at home

Adding Goodness to Every Meal

Share with staff or families to reinforce healthy eating habits

Certificates of Awesomeness

Print and distribute at the end of the week to celebrate participation; personalize with names to build pride and visibility

Provider Promotion Flyer *(English & Spanish)*

Use to inspire your own celebration or distribute to providers in your network for ideas and encouragement

Sponsor Promotion Flyer *(English & Spanish)*

Share with your sponsor. If you're a sponsor, use it to promote participation in your network

Community Outreach Flyer *(English & Spanish)*

Personalize with your program name and post in your facility, distribute to families, or share on social media

Press Release Template

Customize with your program details and send to local newspapers or community publications to raise awareness

Proclamation Request Templates *(Local & State)*

Submit to your mayor, city council, or governor's office to gain official recognition and community visibility

Letter to Senators Template

Personalize and send to your U.S. Senators to advocate for federal recognition of CACFP Week

Social Media Images & Banners

Download and post throughout the week using #CACFPWeek and #StirringUpGoodness, and tag @NationalCACFP; no photo skills required

Social Media Sample Captions

Copy, paste, and post using #CACFPWeek and #StirringUpGoodness; perfect for when you're short on time but want to stay engaged

Chef Hat Template

Print, assemble, and let children or adults wear while cooking; great photo opportunities

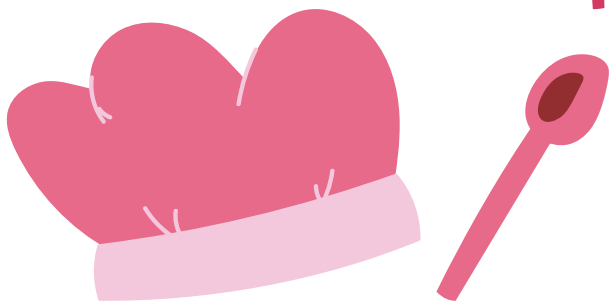
"I Made This!" / "We Made This!" Cards

Print and use when taking photos of meals or snacks made during CACFP Week for social media posts



www.CACFPWeek.org

CACFP is an indicator of quality Child Care.
This institution is an equal opportunity provider.



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Member Resources

Goodness in the Kitchen

Share with staff or use as a training tool to help children and adults safely participate in meal prep

Family Newsletter Template

(English & Spanish)

Customize with your program name and send home to families to build awareness and engagement

Age-Appropriate Kitchen Tasks

Use to train staff on safe ways to involve children in cooking activities, or share with families for home activities

Go on a Taste-Testing Adventure

Use during meals or snacks to introduce new foods in a fun, low-pressure way

Make Your Impact

Last year, the CACFP community secured:

- Proclamations in 13 states and resolutions in both the U.S. House and Senate
- Thousands of social media posts
- Countless moments of recognition for staff and participants

Let's keep the momentum going!

Get Involved!

Register for CACFP Week

Don't forget to register at cacfp.org/national-cacfp-week-main to receive your free sample menu and stay connected throughout the week

Download Your Resources

Visit cacfp.org/national-cacfp-week-main to access the complete toolkit

Join the Conversation

Share your CACFP Week activities using #CACFPWeek and #StirringUpGoodness, and tag @NationalCACFP on social media

Become an NCA Member

Get exclusive resources, professional development, and advocacy support year-round at cacfp.org/members

